



Thorncroft Equestrian Center
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Welcome Packet – New Riders

Name: _____ **Today's Date:** _____

In order to meet the needs and develop the goals of our riders and their parents, we need the following information:

Rider Release Form

Medical History

Classroom Individual Education Plan (I.E.P.)

Physical Therapy Evaluation, Assessment and Program Plan

Occupational Therapy Evaluation, Assessment and Program Plan

Speech Therapy

Mental Health Diagnosis and Treatment Plan

Cognitive-Behavioral Management Plan

For riders with Down Syndrome, a **yearly** neurological exam, signed and dated by a physician, stating no changes in AAI (atlantoaxial instability).

Other: _____

Please check off above any of the items that are attached.

MEDICAL HISTORY

(To be completed every three years)

TO BE COMPLETED AND SIGNED BY PHYSICIAN

(Please write legibly)

NAME _____ DATE: _____ PHONE: _____

E-MAIL ADDRESS: _____

ADDRESS: _____

DATE OF BIRTH: _____ AGE: _____ SEX: _____ HEIGHT: _____ WEIGHT: _____ (200 lb. limit)

PARENT/GUARDIAN NAME: _____

HEALTH INSURANCE COMPANY: _____ POLICY NUMBER: _____

Physical Disabilities: Yes ___ No ___

Intellectual Disabilities: Yes ___ No ___

Emotionally Disturbed: Yes ___ No ___ Learning Disabled: Yes ___ No ___

PRIMARY DIAGNOSIS: _____

Cause: _____ Onset: _____

Limbs Affected: _____

If Spinal Cord Injury, what vertebral level? _____

If Down Syndrome, is Atlantoaxial Instability present (AAI): _____

If Down Syndrome Date of most recent Cervical Spine X-ray: _____. Age at time of most recent X-ray: _____

Estimate of mental ability: _____

MOBILITY STATUS:

Can the student ambulate? Yes ___ No ___

Assistance: Independent ___ Minimal ___ Moderate ___ Maximal ___

Physical Aids: Canes ___ Crutches ___ Walker ___ Braces ___ Wheelchair ___

Please provide additional information relevant to how we may best accommodate this student.

(Medications, fears/concerns, support system, other interests, etc. and precautions)

**Please indicate if the student has any of the following secondary problems by checking yes or no.
If yes, please include complete information pertaining to the problem.**

Condition:	Yes	No	Description (PLEASE PRINT)
ALLERGIES			
VISION			
HEARING			
COMMUNICATION/SPEECH			
CARDIAC Pulse: Blood Pressure:			
CIRCULATORY Hemophilia:			
PULMONARY			
METABOLIC/G.I.G.U . Diabetes, Bladder/Bowel			
SKIN & SOFT TISSUE Pressure sores			
PAST/RECENT SURGERY			Date(s)
CRONIC PAIN			
MEDICATION(S)			
NEUROLOGICAL			
SEIZURE			Controlled : Yes/No Type : Date of Last: If Yes, How often Indications of Seizures :
BEHAVIORAL			
MUSCULAR/Contractures			
SKELETAL (A) - Subluxing Hips, Fractures			
SKELETAL (B) - Scoliosis , Kyphosis , Lordosis,			Degrees:
CONTAGIOUS CONDITION			

**By signing below I affirm horseback riding is NOT a contraindication for this individual.
I understand Thorncroft will weigh the medical information given against the existing precautions and
contraindications. I refer this person to Thorncroft for ongoing evaluation to determine eligibility for participation.**

Physician's Signature: _____ Date: _____

Physician's Name (Please Print): _____ Phone: _____

Office Name/Address: _____

THORNCROFT - THERAPEUTIC HORSEBACK RIDING REFERRAL
PLEASE WRITE LEGIBLY AND IN DETAIL

Rider Questionnaire

Why will therapeutic riding be a good activity for the rider?

Are there specific goals the rider would like to achieve through therapeutic horseback riding?

What other types of therapy does the rider currently receive?

Please share with us the rider's learning style (strengths and weaknesses).

By signature, I confirm that all attached medical information is current and accurate to the best of my knowledge.

Rider/Parent/Guardian (*circle one*) Signature: _____ Date: _____

Print Signature _____ Date: _____